



STAR of the SEA

Stewardship of Time Commitment Form: PRAYER

"As each one has received a gift, use it to serve one another as good stewards of God's varied grace" -1 Peter 4:10

Please accept this form as an invitation to prayerfully consider how you would like to plan your prayer life, in gratitude for the many gifts you have received from God. Every parish member is invited and encouraged to fill out this planning sheet. This annual planning sheet also helps us update our membership roster with your current contact information. Thank you for planning your interior life of prayer and helping us serve you better as a member of our community!

Name: Mr. Mrs. Ms. Miss _____

Address: _____

Home Phone: _____ Cell Phone: _____ Email: _____

Preferred contact method: Home phone Cell phone Email Text message

Listed below are various ways we can pray alone, with our families, and as a parish community.

INSTRUCTIONS:

- Star of the Sea's 2017 **"Stewardship of Time"** Commitment Weekend takes place on October 28 & 29.
- Every individual is asked to complete a form. Even if you've completed a form in the past, each of us is invited to renew our commitment every year at this time.
- God calls each soul to pray in many ways. Check the boxes in which you discern that God is calling you this year.
- Keep one copy for your records and return the other copy at Mass on Commitment weekend.
- Enclosed is a self-addressed envelope if you prefer to return your planning sheet by mail.

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| <input type="checkbox"/> Commit to Mass every Sunday | <input type="checkbox"/> Read the Bible one hour a week |
| <input type="checkbox"/> Mass on Holy Days (Christmas, All Saints, Assumption, Immaculate Conception, etc) | <input type="checkbox"/> Schedule time for a spiritual retreat |
| <input type="checkbox"/> Attend weekday Mass once a week | <input type="checkbox"/> Spend at least 15 minutes a day in personal prayer |
| <input type="checkbox"/> Attend weekday Mass daily | <input type="checkbox"/> Pray for vocations to the priesthood, religious life, and faithful marriages |
| <input type="checkbox"/> Commit to a scheduled hour of Adoration of the Blessed Sacrament once a week | <input type="checkbox"/> Attend our bible study (Tuesdays 3:30pm) |
| <input type="checkbox"/> Invite a friend or acquaintance to Mass | <input type="checkbox"/> Pray the Liturgy of Hours (vespers in the church weekdays at 5:15pm) |
| <input type="checkbox"/> Pray for the sick of our parish | <input type="checkbox"/> Join or start a prayer group |
| <input type="checkbox"/> Pray together with my loved ones at home | <input type="checkbox"/> Actively participate in the Mass by singing |
| <input type="checkbox"/> Prayer before and after meals | <input type="checkbox"/> Pray for those who have hurt you or your loved ones. |
| <input type="checkbox"/> Pray the Rosary weekly | <input type="checkbox"/> Pray the Bible through "Lectio Divina" |
| <input type="checkbox"/> Go to Confession once a month | <input type="checkbox"/> Go on a pilgrimage |
| <input type="checkbox"/> Offer small penances for the souls in purgatory and for the conversion of those who need Christ | |